

Seniors Services Conference 2012
Thursday, September 13

9:00am – 10:15am	<p>Keynote Speaker: Ruth Finklestein, ScD Senior Vice President for Policy and Planning New York Academy of Medicine Dr. Ruth Finkelstein currently directs the Age-Friendly New York City Initiative and is the Director of the World Health Organization’s Collaborating Centre on Aging, Globalization and Urbanization</p>
10:35am-11:45am	<p>Breakout Sessions</p> <p>It Takes a Community to Age in Place: City of Edmonton and Edmonton Transit Working to Meet the Needs of Seniors Learn about City of Edmonton pilot sites that support seniors in their neighborhoods and how Edmonton Transit is developing and expanding links with community seniors centers and other agencies.</p> <p>Beyond Food Security: What’s New at Meals on Wheels Discover how Meals on Wheels has used community partnerships to expand and diversify food services beyond the traditional Meals on Wheels model.</p> <p>Keeping Seniors Healthy at Home: An Emergency Department Link Alberta’s Home Care and the Emergency Departments are collaborating to help seniors return home safely and connect to resources in their community.</p>
11:45pm-1:00pm	<p>Lunch and Networking</p>
<p>1:00pm -4:00pm</p> <p>Break 2:15pm-2:30pm</p>	<p>3 hour sessions</p> <p>Keeping Seniors Mobile- ACCREDITED Learning From Each Other Mobile-Alternate Transportation in Alberta Dr. Bonnie Dobbs will explore transportation options in senior years and describe what goes into developing a model to provide assisted transportation to seniors. The session will also examine recent research in Alberta on alternate transportation for seniors and compare and contrast models in the developmental and implemented stage.</p> <p>Staging for Aging-Creating Age Friendly Plans for Urban or Rural Communities City of Edmonton Strathcona County Jasper</p> <p>Discover how three Alberta communities are working to create age-friendly communities.</p>

	<p>Creating a Senior Friendly Community: Senior Friendly™ -Train the Trainer</p>
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This two-part workshop will give participants the tools to support their communities efforts to become age-friendly, especially within the business community

Seniors Services Conference 2012
Friday, September 14

8:30am – 9:30 am	<p>Featured Speaker: Judy Brownoff Age-Friendly: A Canadian Perspective - Spotlight on the District of Saanich and British Columbia</p>
9:30am-10:40am	<p>Breakout Sessions</p> <p>Implementing Assistive Technology in Home Environments Review the process and findings of an Alberta pilot project that uses assistive technology to help individuals living at home or in supportive settings.</p> <p>Seniors Financial Assistance- Provincial and Federal Benefits Learn about seniors financial assistance programs available from the Government of Canada and Government of Alberta.</p> <p>Striving to Thrive-Evolution of Senior Centres From their origins as social clubs, seniors centres have broadened their programs and services and evolved to meet the changing needs of seniors.</p> <p>Brain Fitness with a Holistic Twist The Posit Brain Fit program is designed to gradually increase speed at which seniors can reliably process information.</p>
10:40am -10:55am	<p>Morning break</p>
10:55am-12:00pm	<p>Breakout Sessions</p> <p>Taking Your Place by the Fire: Older Adults as Community Leaders Learn about engaging older adults as community leaders as well as project ideas for your own community.</p> <p>Supporting Seniors in Crisis: The Issue of Seniors' Suicides The Support Network has developed a new workshop to address the needs of seniors who may be contemplating suicide.</p> <p>Easing the Transition to the Passenger's Seat: The Effects of Aging on Driving Preparing to retire from driving requires knowledge, resources and care. Learn how to ensure older adults maintain their mobility and independence throughout this transition.</p> <p>Alberta's Healthy Aging Report The Office of the Chief Medical Officer of Health will review Alberta's Healthy Aging Report</p>

12:00pm-1:00pm	Lunch and Networking
1:00pm-2:10pm	<p>Breakout Sessions</p> <p>Hidden in the Cultural Fabric-Elder Abuse and Neglect in Ethno-Cultural Communities in Alberta An introduction to evidence-based resources and tools that help older ethno-cultural Albertans increase their knowledge and understanding of elder abuse.</p> <p>Housing for Everyone Explore innovative housing design that allows for easier future changes, additions and adaptations.</p> <p>Finding Balance: Helping Older Adults Stay Active Through Wii Fitness Find out how the Alberta Centre for Injury Control and Research is raising awareness about falls and falls prevention and how Kerby Centre's Wii Balance project is helping seniors 'find balance'.</p> <p>Emergency Preparedness and Empowering Seniors Learn from the Canadian Red Cross how to work special needs like mobility and medication issues into your emergency planning, how seniors can get involved as responders, and how to access the Health Equipment Loan program.</p>
2:10pm-2:30pm	Afternoon break
2:25pm-3:30pm	<p>Feature Speaker-Phil Callaway An award winning author, speaker and TV host, Phil's greatest passion is telling stories that make people laugh and learn.</p>
3:30pm	Closing Remarks