

Brought to you by:

The Pride Centre of Edmonton, The Edmonton Pride Seniors Group, The Southside Edmonton Primary Care Network, and The Aging Wellness Initiative

AGING WITH PRIDE

A telephone-based supportive space to connect with other 2SLGBTQ+ seniors

PROGRAM GUIDE
MARCH 25 - APRIL 15, 2020

"THE SHARED MIC" AGE-FRIENDLY EDMONTON PODCASTS

WEDNESDAY MARCH 25, 4 - 5 PM

Join us to listen to and discuss snippets from episode two of the intergenerational "Age Friendly Edmonton podcasts" featuring Nisha Patel and Michael Phair who discuss "the unique experience of representing historically marginalized communities using a prominent public platform."



2SLGBTQ+ BOOK CLUB

WEDNESDAY APRIL 1ST, 4 - 5 PM

What better way to spend time social distancing than catching up on a good novel and talking about it with friends? Read a book beforehand, and join us on Aging with Pride to discuss what the book means to you. We will be choosing between several prominent older adult based 2SLGBTQ+ books on March 25th, so make sure you are there!

"SENIORS BEATS!"

WEDNESDAY APRIL 8TH, 4 - 5 PM

We will be sharing our favourite tunes that speak to the experience of finding ourselves, and/or have shaped our community over the ages. Come find some new music to listen to and groove with other likeminded folks!



2SLGBTQ+ MOVIE CLUB

WEDNESDAY APRIL 15TH, 4 - 5 PM

Watch a show online with us or in your own time on the experiences of older 2SLGBTQ+ adults! We will come together on Aging with Pride to discuss what the movie meant to you! We have a wide selection of movies to choose from, so be sure to come to the April 8th Aging With Pride to pick a movie of your choice!

While there is no set age limit for aging with pride, participants should identify as older adults. All genders, sexualities and abilities welcome.

To Participate: call toll free 1-855-703-8985 and enter the meeting ID 293 631 2402

Contact: seniors@pridecentrefedmonton.ca to get updates