

SENIORS SERVICES CONFERENCE 2012 - AGENDA

<b>Thursday, September 13, 2012</b>	
7:45 am - 8:30 am	<b>Registration and Continental Breakfast</b>
8:30 am - 9:00 am	<b>Opening and Welcome</b>
9:00 am - 10:15 am	<b>Keynote Speaker: Dorian Block</b> Project Manager, Age-Friendly New York City Initiative <i>Dorian has led the creation of neighborhood-level Aging Improvement Districts in New York, worked with city agencies to integrate the concept into their agenda and advised cities around world launching their own age-friendly initiatives.</i>
10:35 am - 11:45 am	<p><b>Breakout Sessions</b></p> <div style="background-color: #fce4d6; padding: 5px;"> <p><b>It Takes a Community to Age in Place: City of Edmonton and Edmonton Transit Working to Meet the Needs of Seniors</b></p> <ul style="list-style-type: none"> <li>• Brenda Wong, Debbie Dundass and Rosalie Gelderman, City of Edmonton</li> <li>• Margaret Dorey, Accessible Transit Coordinator, Edmonton Transit</li> </ul> <p><i>Learn about City of Edmonton pilot sites that support seniors in their neighborhoods and how Edmonton Transit is developing and expanding links with community seniors' centers and other agencies.</i></p> </div> <div style="background-color: #e1bee7; padding: 5px;"> <p><b>Beyond Food Security: What's New at Meals on Wheels</b></p> <ul style="list-style-type: none"> <li>• Liz Tondu, Executive Director, Edmonton Meals on Wheels</li> </ul> <p><i>Discover how Meals on Wheels has used community partnerships to expand and diversify food services beyond the traditional Meals on Wheels model.</i></p> </div> <div style="background-color: #e2efda; padding: 5px;"> <p><b>Keeping Seniors Healthy at Home: An Emergency Department Link</b></p> <ul style="list-style-type: none"> <li>• Naeema Hudda, Care Coordinator, Seniors Health, Alberta Health Services</li> </ul> <p><i>Alberta's Home Care and the Emergency Departments are collaborating to help seniors return home safely and connect to resources in their community.</i></p> </div>
11:45 pm - 1:00 pm	<b>Lunch and Networking</b>
1:00 pm - 4:00 pm	<p><b>Breakout Sessions (3 hours with break from 2:15 pm – 2:30 pm)</b></p> <div style="border: 1px solid black; padding: 5px;"> <p><b>Part 1: Keeping Seniors Mobile: Learning from Each Other</b>  <b>Part 2: Keeping Seniors Mobile-Alternate Transportation in Alberta</b></p> <ul style="list-style-type: none"> <li>• Dr. Bonnie Dobbs, Director of the Medically At Risk Driver (MARD) Centre and Professor, University of Alberta</li> </ul> <p><i>Explore transportation options in senior years and describe what goes into developing a model to provide assisted transportation to seniors. The session will also examine recent research in Alberta on alternate transportation for seniors and compare and contrast models in the developmental and implemented stage.</i></p> </div>

Accredited

<p><b>Break</b> 2:15 pm - 2:30 pm</p>	<p><b>Staging for Aging-Creating Age Friendly Plans for Urban or Rural Communities</b></p> <ul style="list-style-type: none"> <li>• Sheila Hallett, Edmonton Seniors Coordinating Council</li> <li>• Catriona Gunn-Graham and Jodi Kelloway, Strathcona County</li> <li>• Kathleen Waxer, Municipality of Jasper</li> </ul>
	<p><i>Discover how three Alberta communities are working to create age-friendly communities.</i></p>
	<p><b>The Senior Friendly™ Program: A Tool for Building an Age-Friendly Community</b></p> <ul style="list-style-type: none"> <li>• Betty Loree, City of Edmonton</li> <li>• Beth George, Bridgewater Police Department, Nova Scotia</li> </ul>
	<p><i>This two-part workshop will give participants a deeper understanding as to how to support their community's efforts to become age-friendly.</i></p>

**Friday, September 14, 2012**

<p>7:45 am - 8:30 am</p>	<p><b>Registration and Continental Breakfast</b></p>
<p>8:30 am - 9:30 am</p>	<p><b>Featured Speaker: Judy Brownoff</b> Age-Friendly: A Canadian Perspective - Spotlight on the District of Saanich and British Columbia</p>
<p>9:30 am - 10:40 am</p>	<p><b>Breakout Sessions</b></p>
	<p><b>Implementing Assistive Technology in Home Environments</b></p> <ul style="list-style-type: none"> <li>• Cheryl Knight, Executive Director, Alberta Health Services</li> </ul> <p><i>Review the process and findings of an Alberta pilot project that uses assistive technology to help individuals living at home or in supportive settings.</i></p>
	<p><b>Seniors Financial Assistance - Provincial and Federal Benefits</b></p> <ul style="list-style-type: none"> <li>• Jennifer Clarke, Service Canada</li> <li>• Marjory Buerger, Alberta Health</li> </ul> <p><i>Learn about seniors financial assistance programs available from the Government of Canada and Government of Alberta.</i></p>
	<p><b>Striving to Thrive - Evolution of Senior Centres</b></p> <ul style="list-style-type: none"> <li>• Janice Monfries, Executive Director, Westend Seniors Activity Centre</li> <li>• Joel Christie, President of Particom Inc.</li> </ul> <p><i>From their origins as social clubs, senior centres have broadened their programs and services and evolved to meet the changing needs of seniors.</i></p>
	<p><b>Brain Fitness with a Holistic Twist</b></p> <ul style="list-style-type: none"> <li>• Barb Rankin, Seniors Association of Greater Edmonton (SAGE)</li> </ul> <p><i>The Posit Brain Fit program is designed to gradually increase the speed at which seniors can reliably process information.</i></p>

Accredited

**Friday, September 14, 2012**

10:40 am -  
10:55 am

**Morning Break**

10:55 am -  
12:00 pm

**Breakout Sessions**

**Taking Your Place by the Fire: Older Adults as Community Leaders**

- Anita Chow and Crystal Kwan, Older Adult Team, Calgary Family Services

*Learn about engaging older adults as community leaders as well as project ideas for your own community.*

Accredited

**Supporting Seniors in Crisis: The Issue of Seniors' Suicides**

- Jennifer Jones, Director, Crisis Support Centre

*The Support Network has developed a new workshop to address the needs of seniors who may be contemplating suicide.*

**Easing the Transition to the Passenger's Seat: The Effects of Aging on Driving**

- Carla Kembel, Alberta Motor Association

*Preparing to retire from driving requires knowledge, resources and care. Learn how to ensure older adults maintain their mobility and independence throughout this transition.*

**Alberta Healthy Aging Report**

*Alberta's new Healthy Aging Report from the Office of the Chief Medical Officer of Health.*

12:00 pm -  
1:00 pm

**Lunch and Networking**

1:00 pm -  
2:10 pm

**Breakout Sessions**

**Hidden in the Cultural Fabric - Elder Abuse and Neglect in Ethno-Cultural Communities in Alberta**

- Dr. Daniel Lai, Professor & Associate Dean, Faculty of Social Work, University of Calgary
- Liza Chan, Calgary Chinese Elderly Citizens' Association
- Phyllis Luk, Calgary Chinese Elderly Citizens' Association

*An introduction to evidence-based resources and tools that help older ethno-cultural Albertans increase their knowledge and understanding of elder abuse.*

Accredited

**Housing for Everyone**

- Ron Wickman, Architect

*Explore innovative housing design that allows for easier future changes, additions and adaptations to accommodate age-related needs.*

**Finding Balance: Helping Older Adults Stay Active Through Wii Fitness**

- Liza Sunley, Lynda McPhee and Jennifer Fernandes, Alberta Centre for Injury Control and Research
- Wendy Rodger, Kerby Centre

*Hear out how the Alberta Centre for Injury Control and Research is raising awareness about falls and falls prevention and how Kerby Centre's Wii Balance project is helping seniors 'find balance'.*

**Emergency Preparedness and Empowering Seniors**

- Martin Pollard and Suzanne Clemens, Canadian Red Cross

*Learn from the Canadian Red Cross how to integrate special considerations such as mobility and medication issues into your emergency planning, how seniors can get involved as responders, and how to access the Health Equipment Loan program.*

2:10 pm -  
2:30 pm

**Afternoon Break**

2:30 pm -  
3:30 pm

**Featured Speaker: Phil Callaway**

*An award winning author, speaker and TV host, Phil's greatest passion is telling stories that make people laugh and learn.*

3:30 pm

**Closing Remarks**