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Strathcona County Older Adults Plan

Staging for Aging

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Older Adults Plan Vision

- Strathcona County is an age-friendly and caring community that values the contributions and strengths of older adults, is responsive to their diverse needs and desire for choice, and provides a spectrum of opportunities for active and purposeful lives.

Plan Development

- Research
 - Best practices and key research documents
 - Scan of services in other jurisdictions
 - Analysis of older adult population
 - Review of local older adult services

Plan Development

- Formation of a Steering Committee
 - Invited key stakeholders from all sectors
 - Some larger systems dropped off
 - Unusual suspects
 - Adaptability in how stakeholders were engaged

Plan Development

- Community Consultation
 - Two Surveys (45-54 yrs, and 55+)
 - 38 key stakeholder interviews
 - Nine focus groups with 80 participants
 - Two roundtables with 48 participants
 - On-going consultation with the Seniors Advisory Committee

Key Issues Identified

- Access to seniors housing
- Access to health care
- Rising living costs combined with fixed incomes
- Availability of personal care and home services
- Transportation
- Outreach Services
- Information about programs and services

Strategy Development



Goals and Strategies

- 15 goals and 65 strategies
- Short, mid, long term goals
- Identification of roles, timelines and resources required

Key Successes

- Catalyst for gaining support and moving to action
- Increased collaboration
- Ongoing identification of trends and gaps



Key Successes

- Building community capacity
- Continuum of supports



Lessons Learned

- Importance of relationship building
- Long term planning
- Strategies for keeping stakeholders engaged



Questions

Strathcona County Older Adults Plan

www.strathcona.ca/seniors

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